

RPR

trades

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RPR Reporter Volume 49

Social Media



Welcome to RPR Kevin Mankin



Welcome to Kevin our new **Regional Manager in NSW** for RPR Trades.

Kevin has more than 7 years' experience in the blue collar – labour hire sector in the Sydney metro and regional markets in both boutique and predominantly international blue-chip recruitment firms. Mainly specialising in mechanical trades across the infrastructure, defence and manufacturing spaces he has worked with job candidates ranging from mechanical fitters, boilermakers to trades assistants. Having a background in Business/HR (MBA) he prides himself on getting the recruitment process correct the first time.

With Kevin having a genuine passion for the industries he is recruiting in he can provide not only a recruitment service but an added consultative approach in which is valuable to his clients holistically. His main outlook is to grow the NSW business and cement RPR trades as a go to for Blue Collar Trades.'



Building Begins - 29 Story Sth Bris Tower

ADCO has commenced construction on a 29-storey, build-to-rent development with Arklife, funded by Qualitas Group in South Brisbane.

A heritage-listed building will be incorporated into the design for commercial and retail use.

When complete, 17 Cordelia Street will include 265 residential units, an indoor gym, roof top pool, barbeque and dining area, lounge area, a private cinema and associated landscaping.

Additionally, 314 car spaces, 347 bicycle spaces will be provided in basement levels.

The building will target a 5-star Green Star design and As Built rating, an average NatHERS rating of 7.5-stars and a NABERS Energy for Apartments rating of 5 stars.

More Info [here](#)

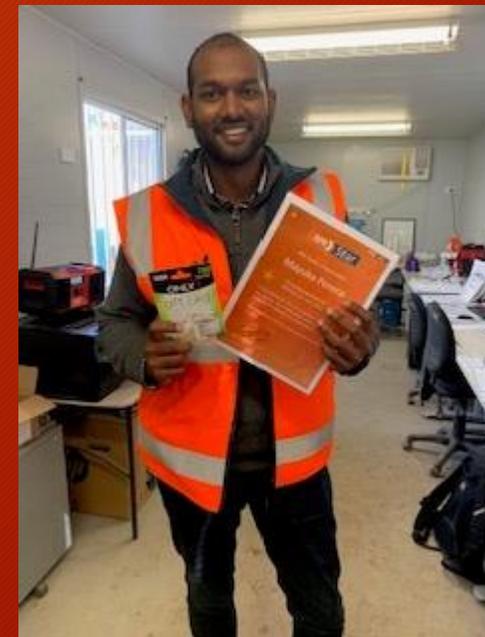


RPR Star - Mayuka Perera

Mayuka has done an amazing job on site, he has really stepped up into a Supervisory role. The Feedback from the Client has been nothing short of sensational. His willingness to learn along with his diligence to ensure that the Job continues to progress is outstanding. The feedback that we have received from our OHE's is also outstanding.

Mayuka is obliging, happy to listen to feedback and again works hard to ensure that our OHE's are receiving the correct information, there is a marked difference from the person that first started to the person that is working on the project now.

Mayuka thoroughly deserves the nomination



To view our current vacancies please click on the following link <http://www.rprtrades.com>

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COVID-19 UPDATE

The novel coronavirus is affecting 216 countries and territories around the world. The website Worldometer has at 19/08/2021 has the following statistics:

- ❖ Coronavirus Cases: 210,097,302
- ❖ Deaths: 4,405,405 – (2% of closed cases)
- ❖ Recovered: 188,211,854

The website also lists useful information such as: Symptoms, Incubation Period, Mortality Rate, Age Sex and existing conditions of Death, and Expert Opinions.

For more information visit the [Worldometer](#)

USA, India & Brazil still have the highest numbers currently. There are still 8,956 active cases in Australia. We have had 972 Deaths (3% of closed cases):

QLD – Easing of Restrictions from 4pm on Friday 20/08/21 for the 11 South East Queensland LGAs, including:

- Increase in number allowed in your Home | at Funerals | Businesses and Venues
- You must carry a face mask with you at all times when you leave home, unless you have a lawful reason not to.
- Schools will reopen, with all staff and high school students wearing masks

NSW – **You must stay home. Only leave your home if you have a reasonable excuse.**

- If you must leave home, stay within your local area. Do not travel outside your local area if you can avoid it.
- Limit your physical contact with people you do not live with.

VIC – Anyone 12 years and over must wear a fitted face mask whenever they leave their home, indoors or outdoors, unless lawful exception applies. This includes:

- one of the five permitted reasons to leave home (shopping for necessary goods and services, care and caregiving, exercise, authorised work or permitted study, or to get vaccinated for COVID-19)

Brisbane | Gold Coast | Sydney | Melbourne | Geelong | Toowoomba

EAP - Is it Stress or Anxiety?

For quite some time, it was generally accepted that relationship issues (couples) was the main reason that individuals engaged with EAP. However in recent years, we have seen a shift in this trend with access for mental health issues consistently dominating as the primary reason for access. The focus of Acacia's tip sheet this month is in response to indicators from clinical data, which highlights a consistent increase in engagement for the presentation of stress and anxiety.

Although stress and anxiety often result in similar emotional and physical responses (nervousness, tension, headaches and insomnia), the two are not one in the same. Correctly identifying which you are experiencing is key in ensuring effective treatment and self-management. We hope that our tip sheet is able to educate and assist individuals in distinguishing their symptoms.

As always, we encourage you to share this tip sheet with your colleagues, friends and family.

[Download Tip Sheet](#)

Your Health

Got Veggies?

Got Veggies? How to make the most of them.

When you're trying to cook a healthy meal, knowing what veggies are in your fridge, freezer and cupboards can really help your planning.

Using all the produce you have purchased is good for your wallet and will help to limit your food waste at the end of the week.

With that in mind, here's a simple guide to planning your week to ensure your veggies last.

[Read more](#)

If you're looking for a little bit of cooking inspiration, follow this [link](#) and search for recipes that contain the ingredients in your fridge.

Further Recipes -> click on the below links:

[Main Meals](#) | [Drinks & Snacks](#) | [Light Meals](#) | [Desserts](#) | [Easy](#) | [Soups & Stocks](#) | [Milk](#)

