

Working Safely At Heights

This toolbox talk is to remind you all of the hazards that Working at Heights or on a Roof could lead to minor or serious injury. This is following a minor incident on a roof space this week, when one of our employees tripped on a pipe and twisted his ankle while carrying tools. He is okay however it could have been worse.



To avoid similar incidents you need to stay alert and vigilant at all times.

Definition

Height is any height (including at or below ground level), from which a fall could cause personal injury.

Something to think about:

The **hazards** and factors affecting the **risk** from **working at height** include vertical distance of a fall, fragile roofs, roof lights, voids, sloping roofs, deteriorating materials, unprotected edges, unstable or poorly maintained access equipment and adverse weather conditions.

'Work at height' accounts for more fatalities than any other construction activity.

Points to remember:

- Ensure everyone is aware of the **CONTROL MEASURES** necessary to protect the people involved in the work at height.
- Use Stairs and Platforms correctly, **DO NOT RUSH**, make sure you have clear vision ahead.
- Outline the particular control measures to **reduce risk when working over or near to water**.
- Mobile phones are **NOT** to be used whilst working at height or on a roof
- **NO RUNNING or HORSEPLAY**, both could lead to serious injury
- Do you need a High Risk Licence for the work you are doing? Do you have one?

PPE must be worn at all times:

- Hi Vis Shirt or Vest
- Safety Boots
- Hard Hat
- Fall Arrest equipment if applicable



Don't Forget:

Contact RPR as soon as possible if:

- You haven't been provided with the required PPE or if the PPE is broken or damaged.
- If it doesn't feel safe, don't do it. Report the issue to your supervisor or RPR.
- Look down, is your path clear?

Report any incident or injuries ASAP. If you require medical treatment, you must advise RPR.

For further information please contact your RPR Trades Candidate Services Consultant on 1300 311 777

